

A vibrant field of sunflowers under a bright blue sky with scattered white clouds. The sunflowers are in full bloom, their yellow petals and dark brown centers creating a dense, colorful foreground. The sky is a deep, clear blue, with soft, wispy white clouds scattered throughout, adding texture and depth to the scene. The overall mood is bright, cheerful, and hopeful.

Daddy Here I Come

31 days to transformation

Introduction

I have been on a journey, discovering the heart of my heavenly Daddy & coming into the amazing freedom & joy as His beloved child. My prayer is that these meditations would encourage you on your journey to becoming true sons & daughters of our Daddy in heaven.

Please take time to meditate & receive from His Spirit each day. You may want to extend certain days of meditation to two or three days to receive His love & words more fully into your spirit. As you read & meditate, keep talking & interacting with God. You may want to find someone or a small group to go through the 31 day meditation at the same time so you can share with each other and grow together.

How do you meditate? Meditation requires concentration of mind & spirit. We may reread & reflect on the Bible passage. Sometimes we need to use our imagination to picture the passage, or step into the circumstances & surroundings of the passage. Sometimes we imagine ourselves to be one of the characters and experience the story personally. So let's start! Spirit of Truth, lead us! Open our spiritual senses so that we will see, hear & receive in the spirit!

My deepest love & gratitude to my family in Zion, especially the fathers & mothers who live out the heart of my Abba Father.

Please share your insights & feedback! Email: daddyicome@gmail.com

Day 1 Chosen before the creation of the world

Eph 1:4 **He chose us in Him (Christ) before the foundation of the world**, that we should be holy and without blame before Him in love.¹ Meditate on this, especially the first phrase. Paraphrase it. Listen! Hear what He is saying to you:

You know, you _____ (say your name) are so worthy. You _____ were birthed in love in the heart of the Creator before He created anything else. Way back, God looked down in history & saw you, being born in His set time, going through all the experiences of life. He saw you being drawn to know Him, and being set free to live a life of purpose & holiness in His perfect love. That's His vision & dream for you all along. He waited a long time for this relationship with you!

Does this make you excited? If you feel like dancing or shouting, do it! Sing, rap, dance, wiggle, laugh, or paint about this truth! You are chosen! You are known! You are loved! You have a destiny from eternity!

Declare this truth: I was chosen even before time began! Before I was born, before my parents were born, before the world came into being, I was known, loved and wanted! I am someone worthy & special, not on the basis of how I look, what I have, what I do, have done or haven't done. This is who I am – someone chosen, known, loved & wanted before the creation of the world by the Creator of all! My lineage goes way back to God!

¹New King James version. See also 2 Tim 1:9 "(God) saved us & called us with a holy calling...according to His own purpose and grace which was given to us in Christ Jesus **before time began.**"

Day 2 Holy & Blameless in God's sight

Eph 1:4 He chose us in Him before the foundation of the world, that we should be holy and without blame before Him in love. (NIV "holy & blameless in His sight")

Meditate on this verse. Paraphrase it. Listen! Hear what He is saying to you:

Declare this truth: God sees me pure, holy & blameless because I am forgiven, cleansed & clothed in Christ. Not only that, but He enables me to live a life of purity & holiness.

Who am I? I'm someone chosen & seen by the Creator to be pure & holy & becoming truly pure & holy day by day!

Day 3 Predestined to be His son

Eph 1: 4-6 He chose us in Him before the foundation of the world, that we should be holy and without blame before Him in love, having predestined us to adoption as sons by Jesus Christ to Himself, according to the good pleasure of His will, to the praise of the glory of His grace, by which He has made us accepted in the Beloved.

The Message version: Long before He laid down earth's foundations, He had us in mind, had settled on us as the focus of His love, to be made whole & holy by His love. Long, long ago He decided to adopt us into His family through Jesus Christ. What pleasure He took in planning this! He wanted us to enter into the celebration of His lavish gift-giving by the hand of His beloved Son.

Meditate on this. Paraphrase it. Listen! Hear what He is saying to you:

Declare this truth: Daddy, You chose me before the creation of the world to be Your child & part of Your family. The incredible thing is that You knew all about my weaknesses, and yet it was still Your joy & determination to be my Daddy and make me your child, a son like Jesus. What an amazing destiny You've ordained for me! Thank you, my Daddy! I'm ready to live out my identity & destiny as Your true son!

Who am I? I'm a joyfully chosen & extravagantly loved child of the Most High. My Daddy is God, Creator of heaven & earth! Hey, my lineage is majestic & supernatural!

Day 4 God placed me & made me in my mother's womb

Psalm 139: 13-16 For you created my inmost being; you knit me together in my mother's womb.

I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well. My frame was not hidden from you when I was made in the secret place. When I was woven together in the depths of the earth, your eyes saw my unformed body. (NIV)

Meditate on this. Paraphrase it. Listen! Hear what He is saying to you:

Think about the heart of a mom or dad over a newborn baby. Can you picture dad and mom adoring their little one, kissing the baby all over, saying: I love your eyes. I love your nose. I love your toes.... I love every little bit of you! Can you hear your Abba Father say the same thing to you? I love you _____, I love your eyes, I love your nose, I love your toes, I love your heart, I love every bit of you! Yes, because I made you & you _____ are mine!

Declare this truth: I am God's awesome & wonderful masterpiece! I am awesome & wonderful! His fingerprint is all over me! I am His unique & priceless treasure! He saw me & knew me from day one! His own hands made me & placed me in my mother's womb. I am first & foremost His child. God is my true original Father! My earthly parents were chosen just as stewards of His treasure – me!

Day 5 Created in His image

Gen. 1: 26-28,31 Then God said, "Let us make man in our image, in our likenessSo God created man in his own image, in the image of God he created him; male and female he created them.

God blessed them and said to them, "Be fruitful and increase in number; fill the earth and subdue it. Rule over the fish of the sea and the birds of the air and over every living creature that moves on the ground."God saw all that he had made, and it was very good. (NIV)

Meditate on this. Paraphrase it. Listen! Hear what He is saying to you:

Declare this truth: I am created in the image of the Most High God! I have the mark of His glory, majesty, honor & holiness on me! I have the DNA & capacity for love, creativity & spirituality. I am blessed & given authority to steward the earth. I was made for eternity & for relationship with my Abba Father! This is my core being: someone of immeasurable worth & honor, created in the very image of the Almighty God! I am "very good"!

Day 6 Breathing God's breath of life

Gen. 2:7 The LORD God formed the man from the dust of the ground and breathed into his nostrils the breath of life, and the man became a living being.

Ecc. 12:7 ...the dust returns to the ground it came from, and the spirit¹ returns to God who gave it.

Meditate on this. Picture it. Listen! Hear what He is saying to you:

Declare this truth: I am a spiritual being breathing God's breath of life in me. I yield to God's very life in me. Holy Spirit, reign in me. Who am I? I am a spiritual being made for spirit to spirit communion with God. I was made to worship Him!

Imagine yourself as Adam, physically formed but as yet lifeless. Then God came very very close, right up to your nostrils, & breathed His breath of life in you, & you became alive, with His Spirit, His life, His love, His breath in you. You are still breathing & living from that heavenly source of Life & Love!

¹The Hebrew word "ruach" is translated spirit or breath or wind in different contexts.

Day 7 Carried from the womb, in His arms

Isaiah 46: 3-4 Listen to Me, O house of Jacob, And all the remnant of the house of Israel, Who have been upheld by Me from birth, Who have been carried from the womb: Even to your old age, I am He, And even to gray hairs I will carry you! I have made, and I will bear; Even I will carry, and will deliver you. Heb 13:5 For He Himself has said, "I will never leave you nor forsake you." (NKJ)

Meditate on this. Picture it. Listen! Hear what He is saying to you:

Declare this truth: This is talking about me, as part of the household of God's people!

I have always been in my Father's arms. Abba, when I was born, You were in the delivery room to receive me into Your arms. Right now, You are still carrying me in Your arms, close to Your heart. And You are never letting go, even to my old age & gray hairs! That's Your promise to me! I will always be in Your arms. Even in times of failure, tears or loneliness, I am really still in Your arms.

Close your eyes & savor the safety & joy of being carried in Abba Father's arms.

Day 8 In His bosom

Isaiah 40:11 He will feed His flock like a shepherd; He will gather the lambs with His arm, And carry them in His bosom, and gently lead those who are with young. (NKJ)

Meditate on this. Picture it. Listen! Hear what He is saying to you:

Did you picture yourself in this verse? Close your eyes & let yourself be a little lamb – small, vulnerable, maybe a little uncertain & fearful. Then allow Your Father’s hands to scoop you into His bosom, close to His heart, & rest there. Ask: Abba, what’s on Your heart?

Declare this truth: My place is in Abba Father’s bosom, close to His heart. That’s where Jesus always is too: “No one has seen God at any time. The only begotten Son, *who is in the bosom of the Father*, He has declared Him.” (John 1:18 NKJ)

Yes, in this intimate place, I will rest, I will grow, I will know. And from this secure place, I will live & show forth Abba’s glory & love. Who am I? I am always my Father’s son, always in the bosom of my Father. Abba Father, I’m so blessed to be Yours!

Day 9 In my Father's hands

John 10: 28-30 I give them eternal life, and they shall never perish... My Father...is greater than all, no one can snatch them out of my Father's hand.

Isa 49: 15-16 I will not forget you! See, I have engraved you on the palms of my hands.

Isa 40:12 Who has measured the waters in the hollow of his hand, or with the breadth of his hand marked off the heavens? (NIV)

My Father's hands are so so huge, they wrap the stars & rule the universe, and I am so safe & so secure in His hands.

Rest a while in these huge hands & listen to His heartbeat. Ask again, "Abba, what's on Your heart?"



Day 10 Fathered by God

Deut. 1:31 and in the desert. There you saw how the LORD your **God carried you, as a father carries his son, all the way you went until you reached this place.**

Num 11:12 (Moses) Did I conceive all these people? Did I give them birth? Why do you tell me to carry them in my arms, as a nursing father¹ carries an infant, to the land you promised on oath to their forefathers? (NIV)

Meditate on this. Picture it. Listen! Hear what He is saying to you:

Moses struggled with his call to father a people in the beginning. But at the end of 40 years, he realized God was the true nursing father who carried & fathered His children all the way in the desert to journey's end. Now close your eyes & ask the Holy Spirit to lead you to meditate on your life's journey. If the Spirit reminds you of painful & fearful places in your journey, will you allow God to be your nursing father to carry you in His arms, tend to your needs, heal your wounds, & restore your body, soul & spirit? Take your time & be transparent with God.

Declare this truth: My Abba God conceived me & birthed me. I honor You & ask You to be my Abba Father, to father me all the days of my life. Abba, redeem the days even back from day one. Father my heart, nourish my heart, heal my heart, transform my heart, that I may have the heart of a true son. Amen.

¹nursing father KJV

Day 11 The Father’s heartbeat

Jer.31: 20 Oh! Ephraim is my dear, dear son, my child in whom I take pleasure! Every time I mention his name, my heart bursts with longing for him! Everything in me cries out for him. Softly & tenderly I wait for him. (The Message)

Declare this truth: I am my Abba, Papa’s dearest child and His heart bursts with tender love and longing for me!

I take a moment in my spirit & heart & lean on Abba, Papa, to hear His heartbeat & ask, “what’s on Your heart?”

I hear, “My heart’s beating for you. Don’t underestimate the significance of these little moments. It’s these little moments of love that make a little guy and little girl grow up with confidence & joy to be the man and woman I created them to be. Listen to my heart more often & you’ll be transformed as my heartbeat moves closer to you & into you.”

Abba, Papa, what’s on Your heart?

Day 12 The Father's Kiss

Luke 15:12-24 There was a man who had two sons. The younger one said to his father, 'Father, give me my share of the estate.' So he divided his property between them.

Not long after that, the younger son got together all he had, set off for a distant country and there squandered his wealth in wild living. After he had spent everything, there was a severe famine in that whole country, and he began to be in need. So he went and hired himself out to a citizen of that country, who sent him to his fields to feed pigs. He longed to fill his stomach with the pods that the pigs were eating, but no one gave him anything.

When he came to his senses, he said, 'How many of my father's hired men have food to spare, and here I am starving to death! I will set out and go back to my father and say to him: Father, I have sinned against heaven and against you. I am no longer worthy to be called your son; make me like one of your hired men.'

So he got up and went to his father. **But while he was still a long way off, his father saw him and was filled with compassion for him; he ran to his son, threw his arms around him and kissed him.**

The son said to him, 'Father, I have sinned against heaven and against you. I am no longer worthy to be called your son.'

But the father said to his servants, 'Quick! Bring the best robe and put it on him. Put a ring on his finger and sandals on his feet. Bring the fattened calf and kill it. Let's have a feast and celebrate. For this son of mine was dead and is alive again; he was lost and is found.' So they began to celebrate.

Can you imagine yourself as the son in the story? You've gone far far away from Father. And now you've come to a place of total brokenness, filled with shame, regret & despair. Then you remember your Father and make the decision: I will go back to my Father. As you return, gaunt & filthy, covered in stinking rags, feeling unworthy & apprehensive, you

rehearse your words once again & wonder: will Father accept me?.....Suddenly, you see the figure of an old man running towards you, calling your childhood name & you realize it's Father. Tears are running down his cheeks as he throws himself on you & kisses you again & again with deep emotion.....”my son, my son, my son.”

Now close your eyes & relive the story, putting your real self in the son's place. No matter where you are, even if your heart feels hard & far away from the Father, come. Come boldly to the Father just as you are, with all your baggage, whatever they are – sin, shame, fear, bitterness, sense of failure...Picture your Abba Father running up to embrace you & kiss you, again & again. Listen to what He says. Take your time & don't rush through this.

Declare this truth: I am always a son, a daughter to my Abba Father. I am not an orphan, I am not a servant or slave. I am always a son, a daughter. Nothing can change that. I have a permanent place in my Abba Father's heart & home & I belong to Him forever! Christ has paid the price to set me free & make me worthy!¹

¹John 1:12 Yet to all who received him, to those who believed in his name, he gave the right to become children of God.

John 6:37 All that the Father gives me will come to me, and whoever comes to me I will never drive away.

John 8:34-36 Everyone who sins is a slave to sin. Now a slave has no permanent place in the family, but a son belongs to it forever. So if the Son sets you free, you will be free indeed.

Day 13 Father's best robe

Luke 15:21-24 The son said to him, 'Father, I have sinned against heaven and against you. I am no longer worthy to be called your son. '

"But the father said to his servants, '**Quick! Bring the best robe and put it on him.** Put a ring on his finger and sandals on his feet. Bring the fattened calf and kill it. Let's have a feast and celebrate.

For this son of mine was dead and is alive again; he was lost and is found.' So they began to celebrate.

Who would have the best robe in the house? The father. Why give his best? Extravagant love!

The father gave his best robe to a filthy, stinking & in the world's eyes, unworthy son. But in the father's heart, his son was worthy & worthy of the **best** he had to give! This was the honor & value he placed on his son. He had to give the best.

The robe is the righteousness of Christ. ¹Jesus is the **best** robe. His righteousness covers & removes our shame, our sins, our unworthiness, our filth.

Now close your eyes & come to Abba Father. Picture Him removing your clothing of shame, unworthiness, fear and sin. Then picture Him putting His Son Jesus like the most beautiful & glorious robe on you. Allow yourself to wear Him proudly. Listen to His pronouncement over you:

Declare this truth: Abba Father, I believe & I receive Your extravagant & amazing grace! I declare all shame, fear, unworthiness & sin in my life totally gone! I declare I am beautiful, wearing the beauty & purity of Jesus Christ. I lift my head high & I stand with dignity as a son, as a daughter, in my Daddy's house & take my place there. You declare me worthy & honored and I am! I declare I will be a true son, a true daughter, who knows my Daddy's heart. Abba, I love You, I honor You & I desire only to please You!

¹ Is 61:10 He has clothed me with garments of salvation & arrayed me in a robe of righteousness!

Ps 149:4 For the Lord delights in His people, He beautifies/ glorifies the humble with salvation.

Eph 4:24 Put on the new self, created to be like God in true righteousness and holiness.

Rom 13:14 Clothe yourselves with the Lord Jesus Christ, and do not think about how to gratify the desires of the sinful nature.

Is 49: 4 You are precious & honored in my sight and I love you.

Day 14 Authority in my Father's house

Luke 15:21-24 The son said to him, 'Father, I have sinned against heaven and against you. I am no longer worthy to be called your son.' But the father said to his servants, 'Quick! Bring the best robe and put it on him. **Put a ring on his finger and sandals on his feet.** Bring the fattened calf and kill it. Let's have a feast and celebrate. For this son of mine was dead and is alive again; he was lost and is found.' So they began to celebrate.

The ring represents authority as son in the father's house. The sandals represent the dignity & position as son. Slaves did not wear shoes, only the children did. When he came home, the father restored to him all the authority, dignity & honor as the son & heir of His house. The servants have to honor this position & obey the young master.

You have authority as a child of Abba Father who created & sustains all things! You are not a beaten down weakling. But you have authority to carry out Abba Father's will. Your words & your prayers have authority to change things. Try to visualize an eight year old prince standing next to his father, the King. The prince is very young but he is destined & groomed to be king. He also knows he has a measure of authority. So he stands proud & very dignified. Can you picture yourself standing beside your Daddy God, King of the universe, as His prince or princess?

Meditate on this & write your own declaration:

Day 15 A son & not a slave

Luke 15:25-32 "Meanwhile, the older son was in the field. When he came near the house, he heard music and dancing. So he called one of the servants and asked him what was going on.

'Your brother has come,' he replied, 'and your father has killed the fattened calf because he has him back safe and sound.'

The older brother became angry and refused to go in. So his father went out and pleaded with him.

But he answered his father, 'Look! All these years I've been slaving for you and never disobeyed your orders. Yet you never gave me even a young goat so I could celebrate with my friends. But when this son of yours who has squandered your property with prostitutes comes home, you kill the fattened calf for him!'

'My son,' the father said, 'you are always with me, and everything I have is yours. But we had to celebrate and be glad, because this brother of yours was dead and is alive again; he was lost and is found.'

Meditate on the heart of the older brother. Why is he so mad? Can you identify with him?

For the older brother, it's all about performance & earning his sonship. If he didn't perform well, he was less of a son, if he performed well, he was more of a son. That's a slave mentality, a marketplace mindset. Did you meet your boss's expectations? Did you work overtime? So he could never rest. He had to work & work to earn his place. His work flowed out of insecurity & uncertainty of his place in the father's heart & house. It also brought legalism, pride, competition, jealousy, ambition. The slave mentality in him yelled, "It's not fair! I slaved away for nothing!"

But you are a son, son of Daddy God, your birthright in Christ!¹ You did not do anything to earn it & you never have to! You are always a beloved son with your own unique place in the Father's house. You don't have to strive. And as a son, everything belonging to the Father is yours! Yes, **everything is yours.**

Let's pray: Thank you, Abba ,for loving me unconditionally! I know I always have a special place in Your heart as Your dearly beloved child no matter how I perform. I don't have to perform. I will relax & enjoy being with You & doing what pleases You! I declare I am perfectly loved & accepted and I will love You & serve You in freedom, rest & joy!

¹ John 1:12 But to all who believed Him and accepted him, He gave the right to become children of God! (NLT)

Day 16 The Father's Heart

Luke 15:20-14 But while he was still a long way off, his father saw him and was filled with compassion for him; he ran to his son, threw his arms around him and kissed him.

The son said to him, 'Father, I have sinned against heaven and against you. I am no longer worthy to be called your son.'

But the father said to his servants, 'Quick! Bring the best robe and put it on him. Put a ring on his finger and sandals on his feet. Bring the fattened calf and kill it. Let's have a feast and celebrate. For this son of mine was dead and is alive again; he was lost and is found.' So they began to celebrate.

Meditate on the heart of the father here. Try to hear & write down the father's words to his son. _____

Ask God, "What is Your heart as a Father?" Listen:

I am always forgiving. I always rejoice in doing good to my children. I love to bless & speak kindness to my children. You are very precious & dear to my heart. I rejoice to see my children happy, healthy, & whole. I never let go of them. Even if they turn away from me, I still carry them in my heart. I have a special longing & tenderness towards them. I cannot forget them.

The longing in my heart is for my sons & daughters to come home, to be close to me. I want my children to live! My heart always goes out to the weakest, the most broken, wounded & lost. When you are in a dark place, know I am very near & very tender towards you.

Day 17 Look Me in the eye

Isaiah 43:4 You are precious & honored in my sight.

Psalms 33:18 But the eyes of the Lord are on those who fear him, on those whose hope is in his unfailing love.

Every morning I come before the Father & drink richly from His wells of love. I look Him in the eye & hear Him speak to me:

You're my precious beloved son/daughter _____. You are more than precious to Me. You are important to me. You know I have gone the lengths of the earth to find you & now you are found in Me! I am so full & satisfied to call you My precious child, my special treasure, my joy, my delight, my comfort, my rest. You are all beautiful in my eyes! I hold your hands & walk with you daily. You have the heart of a true son & I know you do love me. I know sometimes you get disappointed in yourself & you begin to wonder if you are worthy. My love, I know your heart. Your heart after Me is what I desire and you have that heart. I am full of confidence you will not miss my good purpose for you because I am faithful. So come, see what I have in store for you today!

I find myself beaming all over with a big big smile, my heart welling up with a sweet childlike pride because of my father's affirmation & blessing over me. Yes, Daddy, I know you love Me. I know I am your treasure. I'm full inside, full of Your presence, Your love and Your promise over me. Yes, I'm ready for a new day of adventure with my Daddy God!

Yes, will you allow Abba, Father to pour His love into your spirit daily till you are full? Even right now, open your spirit before Him, look Him in the eye & hear Him speak:

Day 18 Spirit of Sonship

Rom 8:15-17 For you did not receive a spirit that makes you a slave again to fear, but you received *the Spirit of sonship. And by him we cry, "Abba, Father."* The Spirit himself testifies with our spirit that we are God's children. Now if we are children, then we are heirs--heirs of God and co-heirs with Christ, if indeed we share in his sufferings in order that we may also share in his glory.

Gal 4: 6-7 Because you are sons, God sent the **Spirit of his Son** into our hearts, the **Spirit who calls out, "Abba, Father."** So you are no longer a slave, but a son; and since you are a son, God has made you also an heir.

You have the Spirit of His Son Jesus in you! It is the Spirit of sonship who cries out, "Abba, Father" just like Jesus did (Mk 14:36). Jesus showed us how to relate to God. He spoke of God as "Father", "my Father" and Himself as "Son", "Your Son".¹

Now come before Father and allow the Spirit of sonship from deep within you cry "Abba, Father!" or "Papa!", "Daddy!" or whatever intimate term you call father. Keep calling out "Abba" or "Papa" many times over until you feel a release & breakthrough in your spirit. Pour out your heart to Daddy God.

¹See eg. Matt 11:25-27, John 14-17

Day 19 My Daddy God

Matt 6:9 Pray, then, in this way, “*Our Father* who is in heaven,
Hallowed be Your name.”

Jesus prayed: "I praise You, **Father**, Lord of heaven and earth....
Father, I thank You that You have heard Me....**Father**, glorify your
Name....**Father**, the hour has come....**Father**, glorify me together with
yourself....**Holy Father**, keep them in Your name....You, **Father** are in
me & I in You....**Father**, I desire that....O, **righteous Father**....**Abba!**
Father! All things are possible for You; remove this cup from Me; yet
not what I will, but what You will....**Father**, forgive them; for they do
not know what they are doing....**Father**, into Your hands I commit my
spirit.

I have made *Your name* known to them, and will make it known, so that
the love with which You loved me may be in them, and I in them."¹

What is your everyday word for father? Is it “Dad”, or “Daddy”, or
“Papa”, or “Baba”, or something else? Jesus says to pray, “our Dad who
is in heaven...” and He always prayed “Dad...Dad...Dad...Dad!” Let’s
also relate to our heavenly Father intimately. When we pray or sing or cry
out to Him, let’s say “Dad”, “Daddy”, “Papa”!

Dad, _____

¹Matt.11:25, John 11:41-42, 12:28,17:1,5,11,21,24,25 Mk 14:36, Lk 23:34,46,
John 17:26 (NAU)

Day 20 Making Peace with dad

Psalm 27:10 Though my father and mother forsake me, the Lord will receive me.

Psalm 68:5 A father to the fatherless, a defender of widows, is God in his holy dwelling. (NIV)

Did you find it hard to call God “Dad” in the last reflection? If so, maybe you need to release some things in your relationship with your earthly dad. Ask the Holy Spirit to help you walk through these steps. Pray, “dear Holy Spirit, please show me where I need to be healed & where I need to forgive in my relationship with my earthly dad. Lead me as I meditate & remember. Lead me in prayer.”

1. Share your heart with God about your relationship with your earthly dad – your pain, your anger, your disappointments. Don’t suppress your real feelings. Speak it out aloud to God.
2. Ask God for healing. “God, I give You my heart. Please heal my heart & make it whole.” Wait & give God time to work in your heart.
3. Write a letter to your earthly dad (whether he’s alive or not) sharing your heart & releasing forgiveness, maybe even asking for forgiveness. You don’t have to send it.
4. Invite God to be your Dad. “God, will You be my Dad & be everything that my earthly dad was not? Will you take me on a new journey with You as my Dad & me as your beloved son/daughter?”
Listen to His response:

If today’s meditation trigger something in you and you feel a need to talk to someone, please do seek help from someone you trust.

Day 21 My Daddy is God– Creator of the heavens & earth

Is 40:12-31 Who has scooped up the ocean in His two hands, or measured the sky between His thumb & little finger,

Who has put all the earth's dirt in one of His baskets, weighed each mountain & hill?

Who could ever have told God what to do...what expert would He have gone to for advice...?

Why, the nations are but a drop in a bucket, a mere smudge on a window. Watch Him sweep up the islands like so much dust off the floor!....All the nations add up to simply nothing before Him- less than nothing is more like it...God sits high above the round ball of earth. The people look like mere ants. He stretches out the skies like a canvas – yes, like a tent canvas to live under...

So – who is like me?...Look at the night skies: Who do you think made all this? Who marches this army of stars out each night, counts them off, calls each by name – so magnificent! so powerful! –and never overlooks a single one?

Why would you ever complain, O Jacob, or, whine, Israel, saying, “God has lost track of me. He doesn't care what happens to me”? Don't you know anything? Haven't you been listening? God doesn't come & go. God lasts. He's Creator of all you can see or imagine. He doesn't get tired out, doesn't pause to catch his breath. And He knows everything, inside & out. He energizes those who get tired, gives fresh strength to dropouts. For even young people tire & drop out, young folk in their prime stumble & fall. But those who wait upon God get fresh strength. They spread their wings & soar like eagles. They run & don't get tired, they walk & don't lag behind. (The Message)

Meditate on this passage & picture it. What is He saying to you?

*You are so so big, I am so so small.
Yet You say, you are important to me.
I need you. I want you. I choose you.
I love you. I cherish you. I trust you.*

*O, You are so so big, I am so so small,
Yet you long to talk with me,
To hear my heart & to share Your heart.
You wait for me!*

*God, You are so so big, I am so so small,
Yet You run up to kiss me,
You kneel down to wash my feet,
You die to give me life!*

*O You are so so big, I am so so small,
Yet You call me, My child,
And I call you Daddy God,
O, I am conquered by Love!*

Day 22 My destiny: become a son like Jesus (1)

Rom 8: 28-30 And we know that God causes everything to work together for the good of those who love God and are called according to his purpose for them.

For God knew his people in advance, and **he chose them to become like his Son**, so that his Son would be the firstborn among many brothers and sisters.

And having chosen them, he called them to come to him. And having called them, he gave them right standing with himself. And having given them right standing, he gave them his glory. (NLT)

1John 3:1-3 How great is the love the Father has lavished on us, that we should be called children of God! And that is what we are!.... what we will be has not yet been made known. But we know that when he appears, **we shall be like him**, for we shall see him as he is. Everyone who has this hope in him purifies himself, just as he is pure. (NIV)

Meditate on this. Paraphrase it. Listen! Hear what He is saying to you:

Jesus didn't die on the cross just to forgive our sins. That's only the beginning! Jesus died so we can become God's children, lavished with love. But even more, as God's children with His Spirit in us, we have the DNA to become true sons like Jesus. We can live a life of intimacy with Daddy God & a life of obedience, divine love, justice, joy, wisdom, purity, power, authority and more! DNA is the innate destined life that will unfold & grow in the right seasons. So let this beautiful life of Jesus in you flow & grow! You have been born in the spirit to display God's character & who He is!¹ That's your amazing destiny!²

¹John 1: 12-13, Yet to all who received him, to those who believed in his name, he gave the right to become children of God--children born not of natural descent, nor of human decision or a husband's will, but born of God.

John 3: 5-6 Jesus answered, "I tell you the truth, no one can enter the kingdom of God unless he is born of water and the Spirit. Flesh gives birth to flesh, but the Spirit gives birth to spirit.

2Pet. 1:3-4 His divine power has given us everything we need for life and godliness through our knowledge of him who called us by his own glory and goodness. Through these he has given us his very great and precious promises, so that through them you may participate in the divine nature and escape the corruption in the world caused by evil desires.

²Rom 8:29 **predestined** to be conformed to the likeness of his Son (NIV)

Day 23 Chosen. Called. Made right. Given Glory.

I was one in a crowd. I felt quite insignificant in the sea of humanity around me. They seemed bigger, better, stronger. They seemed to have it altogether. I felt pretty small, self-conscious of my shabbiness & lack. Then I saw Him. O, so magnificent, so pure! A love radiated from Him that broke my heart & brought tears to my eyes. I didn't know why. I was so drawn to Him & yet afraid to go near. Suddenly.... "Jean!" He was looking at me. He just called my name! He came to me, kissed my forehead & whispered, "I see, you are beautiful! You are alright!" I dropped to the floor strength less, weeping at the kindness, the power & the revelation of His words! Then He stooped down & wrapped His cloak around me. Suddenly I found myself in a different place. Glorious Light, absolute Purity, Love in Person, inexpressible Joy... all that He is, Who He is, and there was I, transformed in divine Presence. I wept for this gift.

Rom 8:30 And having chosen them, he called them to come to him. And having called them, he gave them right standing with himself. And having given them right standing, he gave them his glory.

Listen with your heart. What is He is saying to you?

Day 24 My destiny: become a son like Jesus (2)

Rom 8: 28-30 And we know that **God causes everything to work together for the good of those who love God** and are called according to his purpose for them.

For God knew his people in advance, and **he chose them to become like his Son**, so that his Son would be the firstborn among many brothers and sisters.

And having chosen them, he called them to come to him. And having called them, he gave them right standing with himself. And having given them right standing, **he gave them his glory.** (NLT)

Meditate on the highlighted words. Paraphrase them. Listen! Hear what He is saying to you:

Declare this truth: Daddy, I trust You. You love me & have my best interest in Your heart. You cause everything to work for my highest good, to make me like Jesus & live Your glorious life, now & forever! There may be things I don't fully understand, things I'm still waiting for, but I choose to trust You & say, thank You, Daddy, You are my loving Father who makes everything in my life a blessing.

Through it all, I am coming into the fullness of my destiny, becoming like Jesus & becoming one with Him. I am blessed!

Day 25 My destiny: reign in glory with Jesus

Rev 2:26-27,3:21 **To him who overcomes** and does my will to the end, I will give authority over the nations...just as I have received authority from my Father. To him who overcomes, I will give the right to sit with me on my throne, **just as I overcame** and sat down with my Father on his throne.

Rom 8:17 Now if we are children, then we are heirs--heirs of God and co-heirs with Christ, if indeed we share in his sufferings in order that we may also share in his glory. (NIV)

Meditate on this. Paraphrase it. Listen! Hear what He is saying to you:

Declare this truth: Daddy, when You made me Your child, You chose me to be an overcomer like Jesus who will be qualified to sit & rule with You. I realize all the challenges in my life are things that actually prepare me & qualify me for this high calling! Daddy, by Your grace, I will overcome & rise to my destiny. Daddy, I choose to believe Your goodness, Your kindness & tenderness in all my life circumstances! Who am I? I am an overcomer who will reign with Christ in glory!

Day 26 My destiny: Overcomer like Jesus

Rev 2:26-27,3:21 **To him who overcomes** and does my will to the end, I will give authority over the nations...just as I have received authority from my Father. To him who overcomes, I will give the right to sit with me on my throne, **just as I overcame** and sat down with my Father on his throne.

Rom 8:17 Now if we are children, then we are heirs--heirs of God and co-heirs with Christ, if indeed we share in his sufferings in order that we may also share in his glory.

Luke 23:34 Jesus said, Father, forgive them, for they do not know what they are doing.

One of our spiritual fathers says:

From the bottom of my heart I thank those who hurt me most because without them I would not be who I am today. They helped make me more like Jesus. I choose to forgive. The enemy will regret every time he tries to hurt me. All things will only work together for the good purpose of making me more like my Lord Jesus as I choose to respond like He would. Choose to forgive as He forgave. Choose to overcome as He overcame. You were born to win! You were born to overcome! You were born to reign with Him in glory! This is your destiny! Do not settle for anything less!

Would you choose to forgive & overcome as Jesus did on the cross?

Let's pray: Daddy God, I come to You, aware of the pains in my heart. I ask for the heart of Jesus.

I now choose to forgive & overcome from the heart of Jesus in me.

Daddy, forgive them, for they do not know what they are doing!

Day 27 I am chosen

Gen 33:20 And there he (Jacob) built an altar and named it El-Elohe-Israel.

Rom 9:10-12 When he (Isaac) married Rebekah, she gave birth to twins. But before they were born, before they had done anything good or bad, she received a message from God. This message shows that God chooses people according to his own purposes; he calls people, but not according to their good or bad works. She was told, "Your older son (Esau) will serve your younger son (Jacob)." (NLT)

El-Elohe-Israel means God, God of Israel. God became the God of Israel. "God of Israel" occurs almost 200 times in the Old Testament. God identified Himself with Israel, the name originally given to Jacob by God but which later became the name of the nation formed by his descendents. The word "Israelites" is actually "children of Israel" in Hebrew most of the time. So whenever we mention Israel, we remember Jacob.

But wait, you may say, shouldn't God choose a "better" person to identify Himself with? Jacob cheated his brother & father & was out to grasp & steal the best things for himself. He wasn't a good & worthy person!

But God CHOSE Jacob even before he was conceived or born! It had nothing to do with him – how good or bad he was, what he did or said or promised God. It had nothing to do with his personality, his gifts, his background. God simply CHOSE by sovereign choice to be Jacob's God. God CHOSE him to be a patriarch of a chosen people with a global purpose. So God revealed Himself to Jacob, changed his name to "Israel", and led him into his destiny. And Jacob was transformed along the way.

This is our story too! Remember? God **CHOSE** us in Christ before the foundation of the world, that we should be made holy & whole by His love. And He **PREDESTINED** us to be adopted as His children through Jesus Christ! (Eph 1: 4-5)

We are CHOSEN! God has marked us for His purpose & goodwill, & He has our life paths set out for us. We just have to submit & follow Him closely.

We are CHOSEN. He has a destiny for us & He who has chosen us is faithful to fulfill His eternal purpose in us!¹ This has nothing to do with us! There is no need to strive, compare, compete or try to be like someone else. We cannot miss His purpose and our destiny if we follow Him day by day & simply obey when He speaks.

Let's make this declaration & prayer: I am chosen, handpicked by my Daddy God for a specific purpose & destiny. Daddy, I trust You. I give you my heart & my life. Lead me & I will follow, speak, & I will obey. I follow no other god but You, Daddy, God of my life. Fulfill Your dream for my life so that one day we will look back & declare together: mission accomplished!

¹Eph 2:10 For we are God's workmanship, created in Christ Jesus to do good works, which God prepared in advance for us to do.

Phil 1: 6 He who began a good work in you will carry it on to completion until the day of Christ Jesus.

Day 28 Living as a true son—like the Son

John 5:19-20,30, 8:28-29, 12:49-50

I tell you the truth, the Son can do nothing by himself; he can **do only what he sees his Father doing**, because whatever the Father does the Son also does. For the Father loves the Son, & shows all He does.

By myself I can do nothing; **I judge only as I hear**, and my judgment is just, for I seek not to please myself but him who sent me.

I do nothing on my own but speak just what the Father has taught me. The one who sent me is with me; he has not left me alone, for I always do what pleases him.

For I did not speak of my own accord, but the Father who sent me commanded me what to say and how to say it. I know that his command leads to eternal life. **So whatever I say is just what the Father has told me to say.**

Meditate on this. Paraphrase it. Listen! Hear what He is saying to you:

Let's pray: Daddy God, You are my true Father & I am your true son. I live to love You, honor You & please You. I choose to align myself completely with Your heart. By Your grace, I will do only as I see You do, I will judge only as I hear, I will speak only as You teach me. I will do nothing on my own initiative. Open my eyes to see You, my ears to hear You, my heart to receive You. Amen!

Day 29 Living as a true son – through the Son

John 13:1-15,34-35 Now before the feast of the Passover, when Jesus knew that His hour had come that He should depart from this world to the Father, having loved His own who were in the world, **He loved them to the end.**

And supper being ended, the devil having already put it into the heart of Judas Iscariot, Simon's *son*, to betray Him,

Jesus, knowing that the Father had given all things into His hands, and that He had come from God and was going to God, rose from supper and laid aside His garments, took a towel and girded Himself. After that, He poured water into a basin and **began to wash the disciples' feet, and to wipe them with the towel with which He was girded...**

Peter said to Him, "You shall never wash my feet!" Jesus answered him, "If I do not wash you, you have no part with Me.".....

So when He had washed their feet, taken His garments, and sat down again, He said to them, "Do you know what I have done to you?

You call me Teacher and Lord, and you say well, for so I am.

If I then, your Lord and Teacher, have washed your feet, you also ought to wash one another's feet. For I have given you an example, that you should ***do as I have done to you***. A new commandment I give to you, that you love one another; as I have loved you, that you also love one another. By this all will know that you are My disciples, if you have love for one another."

Meditate on the heart of Jesus. How was He, as master & teacher, able to kneel down & wash his disciples' feet, including Judas' feet, who Jesus knew was going to betray him?

Jesus knew who He was – the beloved Son of God who came to do the Father's will & who had all things in his hands. He was completely secure & confident in who he was & so completely free. He didn't need to prove Himself to anyone. He didn't have to compete or strive, he already had everything in His hands. He was free to love & serve joyfully, to forgive & even to lay down His life as the Father called him to.

Do you have this freedom? Do you know who you are? Why not let Jesus wash your feet & impart His life as a true Son to you?

Take a moment to come before Jesus & allow Him to wash your feet. Imagine him touching your feet & washing away your fears & burdens, your tears & pain, the feeling that you are not good enough or just a miserable failure.... As He touches your feet, allow Him to impart His spirit of a true son to you.¹ Let His acceptance, joy, rest, security, safety & confidence flow into you. Give yourself time to receive.

Declare this truth: I have the Spirit of Jesus, the spirit of true sonship in me. I know who I am. I am Daddy God's child! Who I am, my core being, is securely anchored in Him who perfectly knows me & loves me. He has chosen me for a purpose. A true son like Jesus, I am free to love & serve joyfully. I am free to forgive & lay down my life as He calls me. The prince of this world has no power over me!²

¹Galatians 4:6 Because you are sons, God sent the Spirit of his Son into our hearts, the Spirit who calls out, "*Abba*, Father."

²John 14:30

Day 30 I belong to family

John 17 :21,23 I pray....that all of them may be one, Father, just as you are in me & I am in you. May they also be in us so that the world may believe that you have sent me. May they be brought to complete unity to let the world know that you sent me & have loved them even as you have loved me.

Ps 133 How good & pleasant it is when brothers live together in unity! It is like precious oil poured on the head, running down on the beard, running down on Aaron's beard, down upon the collar of his robes. It is as if the dew of Hermon were falling on Mount Zion. For there the Lord bestows His blessings, even life forevermore.

Ps 68:5-6 A father to the fatherless, a defender of widows, is God in His holy dwelling. God sets the lonely in families.

Meditate on this. Listen! What is the longing of our Father's heart?

You are not alone. You do not walk alone as Abba's precious child. You have family, a family of beloved sons & daughters, & together in unity & love, you manifest the Father's glory & you find rest & purpose.

Declare this truth: I am never alone. I have family – fathers & mothers, brothers & sisters. I belong to my Daddy's big family – Jew & gentile, people of every language, tongue & tribe & nation! Abba, establish me in your family, transform me in family. Give me courage to embrace your family & commit myself to family. Yes, I belong to family! I'm coming home!

Day 31 The Father's Blessing

I have loved you with an everlasting love; I have drawn you with loving kindness. You are precious & honored in my sight. I will never leave you. I will never desert you. Call to me & I will answer you, & show you great & mighty things that you do not know. Don't be afraid. I have redeemed you. I have called you by name, you are Mine! I have chosen you and have not rejected you. I have made you, I will not forget you. So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand. (Jer 31:3, Is 43:4, Josh 1:5, Jer 33:3, Is 43:1, 41:9, 44:21, 41:10)

The Father's blessing is so important, because the Father's words of blessing have authority and power to heal and release us into our destiny! Now quiet your heart and come before your loving Abba Father once again to receive His blessing. Write down His words to you:

I heard Him say to me: I call you son, I call you daughter, my dearest child! I bless you to be free to be who I made you to be. I bless you with godly character, just like my son Jesus. I bless you with great wisdom, great endurance and great faith. I bless you to be filled with my overflowing love & presence. I bless you with all heavenly resources & provision. All I have is yours! You will never lack. Most importantly, I bless you with my heart that you may live from my heart within you. Above all else, I love you. My true son & true daughter, I bless you!

Epilogue

I remember one day I found myself crying out deep cries of Abba, baaa, baaa.....” as I went into deep intercession. From then I would often hear these cries in prayer. I knew something had changed inside me; my spirit had deeply laid hold of my Daddy in heaven.

During this journey, I changed from a perfectionist & a strongly driven servant to a joyfully free daughter. Along the way, I had to deal with a lot of self condemnation & anger when I felt I was not measuring up to God’s expectations. I would beat myself up for some failure, get depressed & go to bed. But gradually I learnt to respond differently. In moments of failure, I would tell God I was truly sorry and then immediately picture my Daddy coming to kiss me and say it’s OK. I would smile & my spirit would be immediately restored. I was ready to soar with Him again.

One time as I was in prayer, I saw the prodigal son coming to his father in great shame & remorse. He was ragged & gaunt. But as the Father came to kiss him, I suddenly found I was the one in the picture! I was the one being kissed and as I tried to look at myself again, I found I had become a great ball of light. I could not see myself as I saw myself before. My Daddy’s kiss had transformed me into radiant light!

My prayer is that the pictures & meditations here will be a continual source of encouragement to you as you come into the amazing freedom of true sons & daughters. May you come often to Daddy to receive His kisses of love & be gloriously changed. Yes, Daddy, here I come, here we come, your sons & daughters. You will have the family of love You have so longed for!

Daddy, here I come! Daily Declaration (*declare it aloud*):

Thank you Abba Father, this is who I am in You:

I am known & chosen by You before the foundation of the world.

I am holy & blameless in Your sight through what Jesus did on the cross.

I am totally forgiven, cleansed, purified & dearly loved!

I am chosen to be your precious child, to carry Your heart & DNA. My Daddy is God, Creator of the heavens & earth! My Daddy God loves me!

I am created in the very image of the Almighty God, with immeasurable worth & honor. I have the mark of Your glory, majesty, honor & holiness on me!

I am “very good” in Your sight! I am “very good”!

I am “fearfully & wonderfully made”, God’s awesome masterpiece! I am *wonderful!*

I am made for relationship with my Abba Father! My every breath is Your breath of life!

I am always carried, protected & cherished in my Father’s arms. I am never alone.

I am always a son, a daughter to my Abba Father. I am not an orphan or a slave. I have a permanent place in the heart of my Daddy. I can rest & not strive!

I am clothed with the righteousness & beauty of Christ. **I am** beautiful!

I have the ring of a son’s authority. I have been given authority to trample on snakes & scorpions and overcome all the power of the enemy; nothing can harm me! (Luke 10:19)

I have a unique destiny & calling in my life! I will enter my destiny & fulfill Abba’s dream for my life!

I am an overcomer! All things work together for my good to make me just like Jesus.

I am destined for glory! I choose to overcome as Jesus overcame, that I may reign & rule with Him in glory!

I belong to family. I am not alone. I have fathers & mothers, brothers & sisters in my Daddy’s big family! And together we will fulfill His dream for us to be perfectly one in His love!

I am a true son/daughter to my Abba, Father and I walk in the shoes of Jesus! I love you, Abba!

Who am I? I am my Daddy God’s son/daughter who is treasured, chosen, blessed, favored, honored, empowered, anointed, transformed by Love!

Now quiet your heart & look at your Abba. Drink in His love till you are full. Listen to Him. Then you’re ready for an amazing day with Him!